

Thank You For Downloading The Driven Goal Assessment

You may already know about SMART goals, but have you ever heard of DRIVEN goals?

SMART goals are logical - but the truth is, most of our actions are driven by emotion, not logic. That's why great goals are both SMART and DRIVEN.

When a goal appeals to our emotions, it becomes embedded into our subconscious mind. That's when we start to see opportunities to move towards success and to gain the confidence to take the small, consistent steps to get us to where we want to be.

TEST YOUR GOAL HERE:

What is your Goal? Write it down in one specific sentence, stating when you want to have achieved it by?

My Goal is _____

1. Now answer the following questions on a scale of 0-10.

0 = No, not at all

10 = Yes 100%

		0	1	2	3	4	5	6	7	8	9	10
D ream	I often imagine achieving my goal.											
R ead	I know the details of my goal, when I want it by, what it will involve and how it fits in with the rest my life.											
I nspiring	I feel inspired, and believe my goal is possible to achieve.											
V alues	My goal supports my core values (personal principles)											
E xciting	I get excited at the prospect of moving towards and achieving my goal.											
N ecessary	This goal is really important to me. My life will be so much better as a result of achieving it.											

See The Next Page For YOUR Next Step.

Your Next Step To Achieving Your Goal

Would you like to understand what your Driven Goal score means? Do you want to discover how to increase your Goal Driven Score so that you will increase the probability of achieving your goal?

If you yes, then please book your free Goal Assessment Review & Planning session with me now.

<http://sallisfordcoaching.com/bookyourcall/>

About Linda

Linda is a Personal Performance Coach and Trainer specialising in helping clients to achieve success in their business or career. Using a system based on the principles of focus and perspective, Linda helps clients move from where they are now to where they want to be. She helps them to develop 'DRIVEN' goals and to improve motivation and confidence.

Linda has over 15 years of experience in helping hundreds of people to set up in business and achieve their goals. She has since developed these skills further to help people to improve their personal performance in a wide range of other areas such as career, exam success, creativity, assertiveness, motivation and confidence.

